

The background of the cover is a watercolor illustration. It features a brown tree branch that curves from the bottom left towards the top right. Several green leaves with visible veins are attached to the branch. In the bottom right corner, there are three ripe red strawberries with small white seeds. The overall style is soft and artistic.

TINspiration

2014-2015

Issue 6

Tin Ka Ping Secondary School

Message from the Principal



The expected ESR visit by the EDB to TKPSS came in early March. We took the opportunity as a driving force for new round of school development. We launched comprehensive review and started a self-improvement process at the beginning of this school year. With concerted effort by all staff, the comments received on various school performances were fairly positive.

In our School Development Plan (2011-15), enhancing the use of English in learning and teaching remains one of the school's major concerns. The expected outcomes are set as follows: (1) Planning and Smooth Implementation of Cross-curricular Training; (2) Enhancing the Professional Capability of Teachers; (3) Providing English Learning Activities for Students.

To meet the above targets, we have taken a series of measures. (1) Two experts at cross-curriculum development were invited as consultants for training and planning in different subjects. In 2012-13, our Integrated Sciences teachers and teachers of Humanities received training. They developed afterwards teaching materials with scaffolding to improve students' proficiency in English for learning the subject contents. In 2013-14, our two senior teachers also met with the consultant for sharpening their edge in English skills in their teaching.

(2) Non-English teachers were required to produce videos to demonstrate their teaching effectiveness in terms of English skills across the curriculum. In 2012-13, short videos were produced by our teachers with a view to arousing students' interest in the topics they teach. Students were invited to produce videos too on certain topics under the guidance of subject teachers. In 2013-14, video-shooting of students' work continued. All the videos have been broadcast during the Language Learning Enhancement Sessions.

(3) A wide range of English Day activities as well as other activities were organized. In 2012-13, six English Days were held to boost students' confidence in learning English and promote an English campus. The activities included English morning assemblies, 'Have Your Say' by students and lunch time Talent Shows. In addition, a study tour to England was organized to provide students with more exposure to authentic English environment. Students' horizons were widened through activities like home stay, interest classes, excursion, etc. In 2013-14, the English musical "The King and I" was presented by the English Drama Club to commemorate the 20th school anniversary. It was a great success. Apart from this, junior form excursion was arranged for younger kids to explore the world beyond their classroom. Voice dubbing competitions were also held and students were attracted.

Over the past four years (2011-15), our English teachers as well as teachers of Humanities have been dedicated to the same goal, students of the English Society advanced it, and students in general participated. It is worth noting here that the English Language Department has kept adapting the curriculum in both junior and senior forms. And the teachers adopted CCL methodology in teaching English lessons in line with the school's foci. To our gladness, students are found more motivated and engaged, with better academic results. My heartfelt thanks go to all the staff members and students concerned for their commitment and excellent work!

The Blind Man's Diary

1A Lee Tsz Chung

Wednesday 18th March, 1948

Sunny

Dear Diary,

It was an embarrassing day today. However I learned my lesson. I invited my brother-in-law to go hunting with me. He was blind, so he needed me to be his 'eyes'. However he didn't need me that much. His hearing abilities were amazing. He could tell what animal it was and in what direction the animals were just by using his ears. How cool was that!

'Here, off we go.' I said, pointing to the path we needed to take in order to catch birds. We then walked for several hours until we reached a place where there was space for us to set our traps. I put my trap under a tree and his not far away. I put some leaves and dead branches on my trap so that no birds would notice it. I did not bother to disguise his trap.

After a few hours, I noticed that there were birds in both of our traps, but his bird was marvelously coloured and mine was small and bland. 'You have caught a bird too,' I said. As I spoke, I felt myself slowly filling with envy, then jealousy, and then escalated to hate. I took his bird and substituted it with mine.

The moon was slowly beginning to rise. On our way back home, I saw the sky coloured by the Sun. The sky was burning, just like how the jealousy spread in my heart. We then talked about lots of things. 'Why do people fight with one another?' I began with a question that had always bothered me for ages. 'Men fight because they do to each other what you have just done to me,' answered him. It seemed to me as if his eyes were staring right into my soul. I had nothing to say, then I took out the original colourful bird and gave it back to its owner. He remained silent, but smiled for a long while he was staring at the numberless stars in the sky.

I was sad. About myself, after what I had done, I learned my lesson – respect. 'Sorry.' I apologized, as I was staring at the stars along with him.

I want to go home

1B Hui Man Ki

One day, my parents went out for work so they asked my cousin, Cathy to look after me.

Cathy was an eighteen-year-old girl and she loved to play with me. However, that was her first time to look after a young child.

We played card games and computer games at home. After a while, we felt hungry so Cathy wanted to take me to a restaurant for lunch. I was very happy because I could go to the park after lunch.

We walked along the streets together. She was holding my hand while we were walking. Suddenly, Cathy's phone rang, so she let go of me and took out her phone from her handbag. She was answering a call when I saw a large and beautiful park with some birds and butterflies flying in it.

I was very excited. I wanted to catch the butterflies. I couldn't wait! So, I ran away and left Cathy on the street and played in the park excitedly.

When I felt hungry, I wanted to have lunch so I went back to the street. However, I couldn't see Cathy. "Oh! Cathy, where are you?" I cried loudly and I was scared. I had never been in that place before. I wanted to find someone with a mobile phone but I didn't know Cathy's phone number. "What should I do now?" I thought. It was hopeless. I sat on the ground and cried loudly. I wanted to return home! I didn't want to stay there.

Luckily, a policewoman walked past. She asked me softly, "Girl, what happened to you?" I told her that I had got lost. My cousin, Cathy, was out of sight. She was calm and took me to the police office.

When I got into the police office, I was surprised because Cathy was there! She was crying and worried. I ran to her and she gave me a hug. "Sorry! Cathy, I won't run away anymore!" I cried. We were happy that we could find each other.

I was thankful because I could find Cathy at last. I was thankful for the policewoman too because she gave me a big hand when I was in trouble.

I have learnt a lesson today. I hope I won't get lost ever again.

Yoga Club in TKPSS

1C Ho Tin Yan

Good morning principal, teachers and fellow schoolmates! I am Chris Wong from Class 1C and I am the chairperson of the Yoga Club. I am glad to stand on the stage to introduce the new CCA – Yoga to all of you. Thank you for giving me this chance!

To begin with, let me ask you several questions. Have you ever done yoga before? Do you know what the advantages of doing yoga are? I am going to tell you more about yoga and the advantages of it. Among the activities I've joined, I think yoga is the most challenging one. It is because we need to have a flexible body, patience, perseverance and so on. Therefore, I love doing yoga.

First of all, doing yoga can help us to keep our body healthy. Yoga is a kind of sport with specially designed body movements. It can lower the risk of muscular injury and increase body flexibility. Also, it can control your breathing. It can improve heart and lung functions too. It can make you healthier. So let's give it a try.

Second, doing yoga can make us slim. While doing yoga, calories will be burnt in our body. So doing yoga is a good way to prevent heart disease and make you slim. Also, it can help us to lose weight and get back in shape. Therefore, doing yoga is a good way to keep your body in top shape.

Last but not least, doing yoga can help relieve stress. It brings together all aspects of the self: body, mind and spirit. It has many advantages in addition to stress management. You will feel more relaxed after doing yoga.

After my presentation, I hope you can know more about yoga. I hope you can join our Yoga Club too. I look forward to seeing you in our activities. Have a nice day. Thank you.



My Favourite Food

1D Lo Ka Kit

Good afternoon, everybody. I'm Jacky from 1D. Today, I would like to share my favourite food with you.

My favourite local food is fish balls. They are popular snacks in Hong Kong and many people like to have them for afternoon tea.

Fish balls are easy to eat. They are suitable for my busy work. They taste great when you eat them after a busy day. The texture of fish balls is soft. I usually have a few fish balls after school for tea.

Fish balls are delicious. They are mouth-watering to me. The ingredients include fish, salt and even pork. Normally, fish balls in Hong Kong come in a few flavours, for instance, curry fish balls, soy sauce fish balls and spicy fish balls. My favourite is the curry ones.

Fish balls are easy to get. We can buy them from any tuck shop, most dim sum restaurants and cha chaan tengs. They are very cheap which only cost a few dollars.

This is the end of my sharing. I hope fish balls can be your favourite snack too.

Thank you!



I Solved the Mystery !

2A Kwok Ming Chu

Dear John,

It's wonderful to hear from you! It has been a long time since I wrote to you! I feel really happy and relaxed since I have just finished my uniform tests. How great it is, isn't it? When I heard about your mysterious experience, I felt it was really weird and freaky. As I love solving mysteries, I am extremely interested in it.

Actually, I went to the music room of our school in the evening after I received your letter. When I got into the music room, I saw a girl singing. She felt shocked when I was in the music room. Actually, she was Ben's sister. I asked her some questions about the mystery.

She told me what happened last year. That day was parents' night. The song from the music room came from her. That night, she was preparing for her singing competition. Why were the lights turned off? The fuse in the live wire was broken, so the light didn't work. Why did the song stop? It is because she was a shy person. When she was singing, she heard your footsteps, so she stopped singing.

I felt very happy after solving this mystery. I hope you know the answer behind this secret and you can forget about your nightmare. You can feel more at ease. Please take care! Do write to me when you have time!

Best wishes,
Chris

ProMonkey

Finding a good helper? Here comes ProMonkey

2B Chan Ka Wing

What is ProMonkey?

ProMonkey doesn't have many differences from a true monkey but it is a good helper in your home! Never breaking your things, the ProMonkey uses state of the art AI. ProMonkey means Professional animal robot. And its appearance is cuter than a true monkey. It has a pair of big eyes, so it can draw your attention. ProMonkey allows you to sit down and relax because it will help you to detect the dirt and clean it up immediately for you. It's a good cleaner at home! Also, it can play with you when you feel bored. Highly skilled in communication, the ProMonkey is able to talk to people fluently. It's a great partner for you!

What can ProMonkey do?

Worried about how to control ProMonkey? Don't worry! You just need to push a button on its hand and it is on. When you push the same button once more, it is off. ProMonkey can only respond to your voice, so it has good security function and never worry that someone will steal your ProMonkey! The ProMonkey not only responds to your voice but can also scan your eyes to detect its master.

Why should you buy ProMonkey?

You can buy this product at our store in 123 Nathan Road, Kowloon or you can email us at probot@yahoo.com.
hk to order a ProMonkey and we will deliver it to you as soon as possible. Don't hesitate! Buy one now! The promotion period is from 11th March to 28th March. During this period, you can get a 20% off discount. So, what are you waiting for? Come and buy a ProMonkey. Have a hi-tec product at your home!



My Trip to Ngong Ping

2C Lung Chi Hang



8th August, 2014 Monday

This holiday, I went to Ngong Ping 360 and I had a special day. I was afraid when I was taking the cable car. It was because I encountered something special.

I went to Ngong Ping 360 with my family. At first, I was glad I could take the cable car with my dear family. I saw beautiful views during the travel and the most unforgettable view that I saw was the beautiful blue sea. A group of seagulls could be seen flying over the sea. The sea was calm and the sea breeze was blowing gently. However, the comfortable views did not last long.

Suddenly, the cable car stopped and we felt scared. It seemed that we were caught in a helpless situation. My brother cried loudly and I was scared. Then my father and mother told us to wait for the staff to save us. At that moment, I tried to say something funny to relax everybody. But they never laughed. There were thousands of butterflies in my stomach. But I believed that we would go out safe. Then I prayed.

After half an hour, the staff saved us. We couldn't control our ecstasy. I thanked God because I believed that God had listened to my prayer. It was my most unforgettable experience. I will never forget this incident.

A trip to Ngong Ping

2D Yip Lao Tao Anson

16th October 2014 Thursday

Sunny

My experience of taking the cable car in Ngong Ping 360 was interesting! Last week, I went to Ngong Ping 360 with some friends. We were all excited because it was the first time we went to Ngong Ping.

We reached Ngong Ping in the afternoon. When I got in the cable car, I felt frightened because the floor of the cable car was transparent! I could see the beautiful sea below the cable car. At first, I did not want to get in it but one of my friends said to me, “Don’t be afraid! You can see the beautiful scenery when you get in the cable car! It’s a once-in-a-lifetime chance!” So I got in the cable car bravely.

There were totally four people in the cable car. There was a man who had a camera in his hands. He was gazing out of the window of the cable car and taking photos. Suddenly, he stood up! He went to the left, then to the right to take photos. The cable car was vibrating! “It’s dangerous!” my friends and I screamed. One of my friends was in a frenzy state of anger. She told the man to stop walking around in the cable car. The man looked at us and sat down. He felt so embarrassed and apologized to us.

We could see the dark blue sea and the green mountains when we looked through the window. We exclaimed, “It’s so wonderful!” We appreciated the beautiful view of the sea. It was really an unforgettable experience in our life!



A Sharing about 'Matilda'

3A Lee Wan Chak



Hi Ken,

Hey man! How are you getting on? Guess what? I have read a book called 'Matilda' recently. It was written by Roald Dahl. I find it very interesting! So, I want to share it with you.

This book is about a girl called Matilda, who is a genius. However, her parents and her headmistress treat her really badly. So, she wants to teach them a lesson. Later, she discovers that she has great superpowers and at last she defeats them.

After reading this book, I fell in love with this story! I love all the characters in this story, especially Miss Trunchbull! I think she is the most attractive person in this book. She is as terrifying as an angry bull and she treats her students extremely badly. Since she can do things that normal headmasters or headmistresses won't do, I love her very much even though she is the antagonist.

I found a very unforgettable scene in this story – a boy named Bruce was punished since he ate Miss Trunchbull's chocolate cake. His punishment was to eat a gigantic cake. At first, I thought he wouldn't make it. However, once I knew he had finished the whole cake by himself, my eyes popped out! His stomach was so big! I thought this boy was really impressive.

I think this story is really inspiring. It teaches us that no matter how small we are, we can still make a difference to our situation just like Matilda. She's just a primary student, but she can change her life by herself! Moreover, I can learn amazing writing techniques from this book. (Don't worry, your writing skills are still much better than mine.) The whole storyline is captivating and creative. However, I think the ending is a bit ridiculous. I suggest changing the ending of the story. It would be better if Matilda used her superpowers to punish her parents so that they would take good care of her afterwards. That would be a more satisfying ending for me!

Have you read this book before? If yes, what do you think about it? Share with me after reading this book! I really look forward to receiving your next letter! Drop me a few lines when you have time!

Best wishes,
Chris

3D PRINTING?!

3B Tang Tsz Kiu

Dear Editor,

I am writing in response to your article on the subject of 3D printing for patients which will ease the pain they endure. As many patients are facing painful treatments and undergoing lengthy hospital stays, doctors have invented 3D printing for patients and it gives them satisfactory results. And the effects are as follows:

First and foremost, there are positive effects. Using the new approach, the patients are able to be discharged from hospital and walk normally within days of a surgery. Therefore, they can face less pain. Also, since they leave earlier, there are more sickbeds for patients who are seeking for help. So, it is advantageous to both the hospital and patients.

Secondly, after the surgery, the healing process can become shorter. The instruments can be used in an operation to fix plates and screws inside the body. Traditionally, the patient needed to wear a large external frame which would be pinned to the bone through their skin and the patient needed to stay immobile for a long time. And this instrument can help the doctor to accurately pin the frame into the bone. It is a great medical advancement.

Not only are there positive effects but also negative effects. As the 3D printing is a new instrument, the cost of the surgery may be higher. Not many people are willing to pay more money. Moreover, as it is a new instrument, the risk of the surgery will increase. Fewer people will do the surgery because they may be scared the surgery would fail.

To combat these problems, the hospital can make a report on the success rate of the surgery. Also, it is a must for hospitals to give successful examples to patients. For instance, Ann had rickets in her knees and heels hurt wherever she walked. But after the surgery, she was able to walk within days.

Warning and promotions are also important. If patients don't take the surgery, their deformity would grow worse and may affect some aspects of their life. If doctors give warning to patients, they will know the seriousness of not doing the surgery. The government can also produce some booklets to illustrate the process of the surgery to reduce the patients' worries.

Friends and parents also need to give strong support to patients. Their support can make the patients feel happier and accept the new instruments more quickly to ease the pain.

I hope that 3D printing can really help patients and become more popular. Also, I hope people can accept and try it once to ease their pain. Hospitals need to take action now.

Yours faithfully,
Chris Wong

The Third Runway

3C Lam Hang Pui

Nowadays, space in Hong Kong is insufficient. There are many ways to get more land for development, such as land reclamation. However, some groups have decided to lop off mountaintops to get land. This idea was brought up in 1992. Rather than reclamation, it is cheaper to obtain more land and it is more environmentally-friendly. It can also protect the dolphins. However, some people think the feasibility of this unorthodox plan is low. So, does this plan really work? The answer is yes.

First, there are two runways at the airport now. Undeniably, they may become saturated in the near future. Because of the above reasons, the third runway is needed. Reclamation is one of the methods, but it is too costly. Oppositely, the 1992 plan will not lead to these effects. Although it will shave the peaks off two hills, it will not change the configuration of the terrain as much as reclamation.

Second, some may think that the airport should use a segregated mode. The 1992 plan may affect the Disney's no-fly zone, which was approved by the government in 1999. The prediction done in the 1992 was not relevant in enhancing capacity of the existing dual runway system. But from my point of view, the low capacity doesn't mean the capacity is enough in the future. This problem must be solved one day, so we should take action as soon as possible. Simultaneously, the consideration of the no-fly zone can also be solved by discussing with Disneyland, or even removing a bit of land on Tai Yam Teng Peak so that we could locate the runway a little further back and to avoid the no-fly zone.

Because of the above reasons, I think the idea of excavating or lopping off the peaks to solve the problem of insufficient runways in the future has a high feasibility, especially in terms of the economy and environment.



A Letter to the Principal about the Careers Sharing Session

3D Kwok Chui Yin

Dear Ms Lee,

I am writing to express my opinions on the Careers Sharing Session. To give students more exposure to various kinds of jobs, our school invites different professionals to share their work experience with fellow students. A professional will be the guest in the Careers Sharing Session next month. Let me suggest which professionals should be invited and discuss what students can learn from her.

To begin with, I have already collected views of students from different classes on the professions. In fact, quite a lot of students would like to invite a reporter to be the guest in the next Careers Sharing Session and I also think that inviting reporter is very suitable for students. Therefore, I suggest inviting one of Hong Kong's most famous reporters, Ms. Pun.

First of all, students always watch the reporters on the television and know that they all have good language proficiency. But what students want to know about is how they train themselves to have this ability. Moreover, reporters need to give not only instant and clear responses, but also proper pronunciation and a wide range of vocabulary. Students can surely learn these things from Ms. Pun.

Besides, many students have suggested us inviting a reporter to our school. This shows that quite a lot of students take keen interests in this profession. Therefore students who want to be a reporter can start preparing and make use of this opportunity by reading some in-depth interviews and articles to improve their language skills after taking part in this Careers Sharing Session. They can also learn how to keep themselves up-to-date from the reporter, how to communicate with people, and get the latest information.

Second, let me suggest how the session should be organized. I think it should be held in the morning assembly on the second Monday of next month. It is because all students will attend the assembly and this will give everyone a chance to listen. If it is held after school, not all students will have the time, since some of them have extra-curricular activities. Besides, it should be held in our school hall because it is spacious enough to accommodate all the students, teachers and the guest.

Last but not least, promotion could be organized by posting posters on the Academic Board on each floor. Announcements can also be made for students so that they can prepare the questions they want to ask before the session. The Multi Media Production Unit (MMPU) of our school will be in charge of photo-taking during the session. Souvenirs for the guest will be a trophy with our school logo.

If my suggestions above are taken, I am sure that the Careers Sharing Session will be successful. I truly hope that my suggestions will be chosen and considered.

Yours sincerely,
Chris Wong



JOYFUL HALLOWEEN

4A Lo Pui Ying

Halloween, Halloween, Happy Halloween!

Children dress up as ghosts,

And walk on the street.

They knock on the door,

and ask trick or treat!

Halloween, Halloween, Happy Halloween!

Frankenstein, witches, and devils

scare people with a loud scream.

People celebrate the festival

with the pumpkin cake with cream.

Halloween, Halloween, Happy Halloween!

Don't stay alone in the street with your terrible fright.

Let's have a party together

with the glorious light.



Learn from the Legend

4A Mak Wing Sum

Let's imagine the feeling of standing on the prize-giving stage. Delighted? Amused by the actions of people looking at you with a surprising smile? I think it is the most wonderful thing in the world if you are successful for something.

Next year, it will be our honour to invite famous athlete – Miss Lee Lai Shan as the guest of honour for the Athletics Meet. Lee Lai Shan, also known as San San, is passionate for windsurfing and she had won the first Olympic gold medal in 1996 for Hong Kong. People in Hong Kong were thrilled by the great news and we are all proud of San San.

“Hong Kong athletes are not rubbish,” said the Queen of windsurfing. People were so moved. She's nice. That's one of the reasons that San San would be a suitable choice to be our guest. Not only is she well-known, but also successful at windsurfing.

One of her personalities is that she strives for success. Despite the shortage of equipment, she could still practise a lot when she was young. There is no doubt that practice makes perfect. She desired to do things well, to continuously improve herself, and therefore was awarded by the Social Science Department of the Chinese University of Hong Kong. She's the Legend of Hong Kong!

A tenacious heart makes you successful. What we need to learn from the Legend is be determined. Life is long and we must encounter obstacles. We need to be tenacious and cope with the difficulties. The Queen has shown us what determination means in the 1996's windsurfing Olympics.

What's more, as mentioned, San San could be a champion even though as she lacked equipment in windsurfing when she was young. Well, look at ourselves. In this century, we've got more than enough, but why don't we study hard? It's no wonder that we need to brush up our studies. We need to be brave to tackle all the problems and overcome the fear.

I hope all of us can have bravery and become a tenacious person just like San San. We might gain a lot from the Queen of windsurfing and we look forward to the day she joins us in the Athletics Meet next year.



Our Next Breath, Our Next Generation

4B Lee Ho Ching

When you stand on the side of Victoria Harbour and look up, what do you expect to see? An azure sky? Or a grey sky?

According to a recent Air Quality Health Index monthly summary, over 60% of the general stations get 'moderate', 'high' or even 'very high' pollution ratings. The worst situation is over 90% of the roadside stations get those levels. What is more, Hong Kong's air quality objective for particulates is 180, and yet according to the World Health Organization guidelines, the maximum should be 50. The above data reveals the extreme air pollution that we are facing.

Urban and cramped areas, like Sham Shui Po and Yau Ma Tei, are devoid of greenery. When we walk through the streets, it is much more difficult for people to breathe than in rural areas. The situation is even worse in summer as there is no wind and the air is extremely hot. Why does it happen?

One main reason why air pollution in Hong Kong is so serious is the presence of factories near the Pearl River Delta. As the wages of Chinese workers are usually low, over 7000 factories have set up there, such as H&M factories. During the production process, air in the surrounding is all polluted by suspended particles and sulphur dioxide. When the wind blows from the north to the south, the polluted air will be blown to Hong Kong easily, owing to the short distance between the two places. This exacerbates the air pollution in Hong Kong.

Besides the factories in the mainland, generating power by coal in Hong Kong is another reason for the worsening air pollution. China Light and Power and HK Electric Holdings, the two electric companies in Hong Kong, emit 76,273.97 tonnes of carbon dioxide into the air every day. That is 3,190 tonnes per hour. That is tremendous, isn't it? Thanks to the burning of fossil fuels, large amount of carbon dioxide has been produced.

In addition, pollutants caused by vehicles in Hong Kong are terribly severe too. Vehicles, including buses and private cars, produce exhaust fumes while in operation. Carbon monoxide and carbon dioxide are released in the air. According to a government survey, 16,900 tonnes of sulphur dioxide were emitted by vehicles in 2010.

Those greenhouse gases contribute to air pollution and trap radiation at ground level. The air pollution raises the temperature in Hong Kong. If we do nothing to address the problem, we are going to have hotter and more sweltering summers. More importantly, this kind of pollution will immensely affect Hongkongers' health. In crowded areas like Mong Kok and Kwun Tong, there are fewer trees. Owing to the low photosynthesis rate in concrete jungles, the carbon dioxide level is high. Insufficient oxygen will lead to headaches and minor difficulties in breathing. Not only will citizens face higher risks of contracting bronchitis and tuberculosis in those areas, but also lung cancer. Air pollution poses a menace to our health. Furthermore, due to this situation, foreign investors are less likely to commit to our economy because of their worries about the health of their workers and the increase of medical costs of the company. Hong Kong's competitive edge decreases and the economic outlook of Hong Kong will become bleak.

Instead of painting a rosy picture of our future, it is high time we tackled the problem from the root. Recently, Hong Kong government has taken a step forward by organizing the Action Blue Sky Campaign aiming at raising the consciousness of clean air among Hongkongers. However, just propaganda is surely not enough. The government can discuss ways to reduce greenhouse gas emitted by the Pearl River Delta with mainland government officials. There is no doubt that air pollutants caused by the factories affect that area too. Should we convince them by telling them the seriousness of this issue, they would undoubtedly try to curb the problem. Meanwhile, our government ought to demand the two electricity companies to generate electricity by renewable sources like solar and wind energy in a certain proportions. The government can also provide some subsidies to public operations like hospitals, or even private buildings, to add a mini wind turbine or solar board on the rooftop so as to reduce the consumption of electricity.

Additionally, it is of utmost importance that the government has to set up stricter laws towards transportation. Take trucks as an example. The use of diesel commercial vehicles should be forbidden at this moment. All at once, the government should provide subsidies to encourage the drivers to replace their trucks with a newer model, e.g. Euro III or Euro IV. It is expected more than 80% of nitrogen oxides and suspended particles will be reduced. Hence, it will help alleviate and moderate air pollution. The government should also have better town planning, such as allowing more spaces between residential buildings and planting more trees in urban districts. Hence, we will enjoy fresher air.

Besides the government, concerted efforts by all of us are needed. We can simply conserve energy by using energy-saving light bulbs and switching off electronic gadgets when they are not in use. To maintain a sustainable environment, we should educate the public, especially our new generation, through promotion in popular social media, like Facebook. We can tell them Hong Kong is in jeopardy and we have to take action to save our dearest Hong Kong from suffocating.

Air pollution is growing at an alarming rate in our society. It is time for us to be part of the solution, not a part of the pollution. Though ameliorating and amending air quality is a long way to go, with our determination, dedication, devotion, it is no longer an unreachable dream for all of us.

Work for our next breath, work for our next generation. When we look at the sky again, to my strong personal belief, a blue sky is smiling to us!



A TV programme - Tycoon Talk

4C Lam Hau Yan

Director: Sean Lee Davies
Year of release: 2014.9.11
Format: TV Programme (Channel: Pearl Night)
Type of programme: Autobiography / Politics



I watched a TV programme called 'Tycoon Talk' and it is so inspiring that I want to share with you all.

The purpose of 'Tycoon Talk' is to teach us how to be a successful person in the society through interviewing the international eminent people. The programme that I watched was an autobiography of Michael Tien. In the interview, we can learn a lesson and acquire knowledge from his childhood experience. So teenagers can get the most important concept of being successful and by not repeating his experience. It's a meaningful and attractive TV programme for me.

It is about the view of Michael Tien towards the social problems in Hong Kong. Despite the fact that the rising property prices is becoming serious, the young generation should work harder to contribute to the society. The government also needs to do them a favour by intervening in the property market. He also shared his attitude of learning in this programme. He suggested trying to listen to others' opinions towards the same issue and think whether it's right or not, then give responses. We should keep a passion towards everything and enjoy what we do. These are the most important spirits of Michael and this is how he paved the way to success.

I think this programme is enjoyable, educational and meaningful. There are three things I like the most.

The first thing I like about the programme is the character of this programme, Michael. He is a brilliant entrepreneur and the member of Hong Kong Legislative Council. He's a role model for us, especially on how to balance different aspects. The second thing I love about the programme is the workers' attitude towards Michael. Through their comments, we can know more about the real personality of Michael and his attitude in dealing with different issues. His super hard-working attitude in running a business attracted me so much! The third thing I really enjoy watching this programme are the questions asked by the host. His questions hit the nail on the head so we can know the main ideas. As an audience, it's easier for me to listen to the key points.

I have learnt something from the programme. Giving comments to friends is incredibly important for us to make improvements. Through the oppositions, we can learn more of the same issues, so we can adopt the most suitable way to do better. Besides, hard-working is an extremely important element for us to succeed. Even though Michael came from a rich family, he also needed to put a lot of effort to meet his goals and to contribute to society by helping the underprivileged people. Although he had only four hours to rest, he never blamed anyone. It's a valuable spirit we should learn from, isn't it? Hong Kong citizens are becoming indifferent to the people around them. Most of them aren't concerned about the people who are in need. If there are millions of him, I deeply believe that Hong Kong would become much more pleasant and rich.

Know more about meaningful local culture in Hong Kong – Cheung Chau Bun Festival

4D Kwan Ka Ying

It was a precious experience taking part in the local festival celebration of Cheung Chau Bun Festival. Last week, as my parents were talking about this festival, we found that we were interested in it, so we decided to join the celebration this year. I made use of this opportunity to widen my horizons and to see more about this festival. I also learnt quite a lot. I am writing to share this rewarding experience with you all and I hope you find it rewarding too.

First of all, let me tell you about the origin of the Cheung Chau Bun Festival. This is a traditional Chinese festival held annually – on the eighth day of the forth month in the Chinese calendar in Cheung Chau. Some people believe that the festival originated in the 18th century; at a time when Cheung Chau was said to have fallen under the influence of evil spirits and pirates. After local fishermen began worshipping Pak Tai who is a Chinese god, and parading his image, peace and safety once again returned to the island. Some people believe that there was a disease before and many people had died because of it. Therefore, people ate vegetables for three days in order to prevent from contracting that disease. It really depends on you if you want to believe in the above story or not.

Anyway, I would like to tell you what I saw and did in the event. The bun festival began with the traditional two hour float parade where children dressed up as mythological figures and deities, perched on a pole and passed through the narrow alleys on the island. The value of this activity is to remind people of the history and also express the feeling of people living in Cheung Chau. Yes, they used this method to express their opinions as there were surprises on hand. Some children were dressed up as government officials, in order to express dissatisfaction with the performance of the government.

Then, here came the climax of the bun festival – the bun scrambling competition. The competition began at midnight and the participants immediately climbed up 14 meters high in a bun tower, grabbing as many buns as they could. The competition was extremely exciting and all the participants had tried their very best to win the competition. I felt appreciative to them because they were brave enough to join the competition and they also gave every visitor a good show. This activity was very meaningful as the buns carry the Chinese characters 'peace' in red ink. Many people believe the buns bring peace to their family. They either eat the buns, or carry them home. For me, I also brought a key ring with a little bun on it.

This was a wonderful opportunity to experience this traditional culture. I've learnt a lot about the local culture, history, and the reason why people celebrate this festival. I had an unforgettable experience. It is also my pleasure to share my experience with you now. For those who have not been to this charming and meaningful, but at the same time intriguing, fascinating and exhilarating festival, I highly recommend you should go there, I believe you will also find this experience rewarding. Moreover, this kind of culture is becoming less popular nowadays. We really have to do something to preserve it. However, before that, we should get to know deeply about it first.

Should We Expose Our Personal Information?

5A Cheung Cheuk Ting

Dear Editor,

In response to the serious crime on the leakage of personal data in a hospital which happened last week, I am writing to discuss what should be made public and what should remain private on social networking sites. I would also like to suggest some ways to protect our personal data.

In these days, due to the rapid development of technology, everyone can obtain others' information. On the contrary, many of us post our own personal information on social networking sites such as Facebook and Twitter. Other netizens, including those you don't really know, can get your data easily. The worst thing is that we will never know the reason why. Do they garner them for fun or for doing something illegal? It invades your personal life, no matter you are doing homework or enjoying time with your family and friends, they are calling you at all hours. Even worse, they may even borrow money using your identity, so this not only affects your financial status, but also your family life because you may be harassed by loan sharks.

When it comes to the invasion of personal information, I had a terrible experience before when using Facebook. As the identification process requires my phone number, I typed it on the site. As a result, after a few hours, there were loads of promotional calls, such as the invitation of loans, beauty product promotions and so on. At that moment, I realized that it was a trick. The ringing sounds were non-stop until I turned off my phone because they were terribly annoying. From then on, I have been careful about those websites which ask for my phone number. I recalled that I changed my number to tackle this irksome thing!

Having experienced this, I learned to carefully distinguish what should be made public and what should remain private. I reckon that only three items can be made public, which are name, age and date of birth since these are not enough to let you log into an account of annoying things. In contrast, address, ID card number, phone number and email addresses should remain private since criminals can obtain your data to do illegal things. If they use your identity to break the law, you will have to shoulder the consequences. Although there may be evidence to prove your innocence, it takes time to investigate and you can fall into a predicament. It is obvious why we can't expose these pieces of sensitive information to the public in order to avoid the needless disturbance.

In order to uphold personal privacy, everybody has their responsibility: the government, the officers of Privacy Commissioner and even teenagers themselves. First, the government should create some promotional videos to be shown during evening. The coverage is relatively higher than the period of morning and afternoon because scores of citizens are watching television during supper.

If I were the staff member of the Privacy Commissioner for Personal Data, I would inform the public how serious stealing others' information is. It can deter the public from infringing others' privacy. The penalty can stop them from doing this. As for teenagers, they should think twice when they post their personal details on the social networking sites. It is the most effective method to protect ourselves because no one can order us if you are unwilling to do so.

I firmly agree we should protect our privacy but I must emphasize that the responsibility of upholding privacy belongs to all netizens. I hope that the problem can be addressed as soon as possible.

Yours faithfully,
Chris Wong



Dear Editor,

As Internet become more prevalent, mobile phone, tablets, computers and even watches, are able to go online, sharing our own views and our own life has never been easier. However, everything comes with a cost. Cyber traps are everywhere, the most common but the most subtle one being personal information theft. This letter aims to act as a reference for different online users on the issue of online personal privacy.

Before going into the main topic, I am going to analyze the reasons and repercussions of publicizing views on photos online using some personal experience.

My facebook account contains lots of my photos, source of which are sceneries, portraits, and photos taken during all kinds of gatherings. Every time before publishing my photos, I will definitely check to see if the photo contains any unsuitable content and sometimes I will block some of my “friends” so that they are not able to see it. Actually this is no big deal; everyone does this because their “friends” may involve their teachers, parents or bosses. What really matters is whether everyone is careful enough to block all sensitive content and people. And last week, I have posted a selfie of me crossing the road during the red light. When I posted it, I had blocked almost all the teachers. However, I missed out one, which is my class teacher. And the day after, I received a warning letter from him. This is just a small incident, but what it shows is grave. The reason why I like posting photos online is that I could show my life with my friends, true ones, but the precautions I do every time is just restricting my friends to understand me. In addition, posting photos online has just boosted my ego. If I had not built up the habit of posting photos online, I might have been able to avoid those consequences or I might have been more cautious on what should be made public.

This incident has inspired me on the discussion on what to make public and what to remain private. By considering both public and personal interest, this problem could be solved easily. There are many posts that were criticized by netizens, most of them had reached the bottom line of moral standard. These photos would be detrimental to the public, for example photos spreading hatred thoughts, which contain suicidal tendency or obscene content. All these are socially inappropriate content that will do harm to the society. Even a small stone could cause ripples that spread through the whole pool. We should never underestimate the consequence on the society of posting a photo online. The second thing we have to consider is whether or not the post will do harm to ourselves. In my case, I receive a warning letter. However, if you are a public figure, things would be completely different. Only one post is more than enough to tarnish your image

and demolish your future career. Often will people underestimate and overlook the dire consequence of posts, therefore posts that with unambiguous consequence should remain private. In conclusion, think twice before posting and posting nothing is always the best way to keep us out of trouble.

Although we could control what to post and what not to, personal privacy will still be infringed. Since the Internet is much more complicated than people recognized, hackers and identity thieves are everywhere. However, the government has never educated the public of the importance of securing personal information online, what they try to do is to instill an idea that it is safe to surf the net. They should raise the awareness of the public instead, by modifying the scope of civil education, so that the teenagers, who access the Internet most frequently, could be aware of the potential hazards behind the glorified appearance of Internet. This measure aims to tackle the problem in the long run. Although modifying scope involves different administration work, it is worthwhile as it could greatly reduce the chance of young people or other citizens being infringed on their privacy. In addition, by teaching the general public more about privacy or online safety, the public would also not infringe others' privacy, like by cyber stalking. So, this is a way to rectify the entrenched thought of personal privacy. The second way is the media. "What you see is what you get". People are deeply influenced by the media, in both positive and negative ways. Therefore, the media plays an important role in upholding personal privacy. In addition, media is always stereotyped with infringing others' privacy. However, indeed, if the media could follow the media ethic, and only reveal public figures' information that is related to public interest, a positive influence will be brought to the general public. The public will understand the importance of personal privacy and the bottom line of gleaning for information. This is going to be the most crucial step to take, because we don't rectify the improper agenda in the media industry, the whole society could never uphold personal privacy and without the support of the media, all the slogans are just platitude. Therefore, the media must be positive to support and defend personal privacy.

We should always have our own feet on the ground, before the government take any action. The public should be proactive, in both urging the government to educate the public and promoting personal privacy among friends. As for our school magazine, I believe that it should help spread the word of upholding personal privacy. Therefore, please take action and defend personal privacy.

Yours faithfully,
Chris Wong

If I had done better...

5C Fung Fei

Time flies! But the memory of last week's debate competition still keeps repeating in my mind. If I had done better, I would have tasted the rosy smell of success!

Last week, the final debate competition was held in the school hall. The motion was that 'Bringing smartphones to school is necessary'. Our team was the negative team and 5E stood for the affirmative side. There was a big audience in the hall. They played, gossiped and chatted like a chatterbox. Thank God they created a relaxing atmosphere and helped me relaxed a bit. But when the competition started, my heart couldn't help beating rapidly. Sisi, who was the captain of the affirmative side, gave a splendid opening speech and mentioned that smartphones can ensure our safety. I had no doubt about the benefits smartphones brings, but is Hong Kong such a dangerous place that shooting cases happen anywhere? I didn't think so! After the opening speech of our dear opponent, it was my 'Showtime'! Standing in front of the audience, I felt like the King! Then, I started to deliver my speech, given another definition of 'necessary' as well as rebutted the point of safety. I had also mentioned that students would be overwhelmed by non-stop messages and therefore increase their stress. Until the opening speech, everything so perfect, right? However, what happened next was really a disaster to me!

When my first speaker Ken gave his speech, he forgot his point. The hall became silent for around 15 seconds. The audience couldn't help but laugh loudly. As a result, Ken's face turned red. Well, that's not the end! When we needed to answer the question raised by our dear opponent, my second speaker Kiki didn't know how to answer it and started hesitating, 'errrr...errr...ummm...' What a mess! But the funniest thing was that Kiki said, 'I have no question!' when we needed to ask a question. I wondered how Kiki could say such a thing! Without a doubt, we lost in the end.

If I had helped my teammates more, we could have won the debate competition. As the captain, I had to prepare more. Oh... But if I get a chance, I still want to join the debating competition!



Protect the Elderly against Fraudsters

5D Yeung Wai Yan

Dear Sir,

In response to the soaring number of cases concerning elderly being tricked into giving money, I am writing to express my concern on the matter as I realized that my neighbor, Mrs Chan, has been cheated recently. I would like to report the incidents to raise awareness of other residents and give suggestions on how to protect old people from being tricked in the future.

I am living on the second floor, and my neighbour is an elderly couple, Mr and Mrs Chan. Mr Chan is a chronically ill man who needs regular medication. Mrs Chan is worried about her husband's health and she keeps searching for good medicine for him. One day, when she was on the street, a young man approached her and tried to sell herbs, pills and medicine by exaggerating their medical value. The fraudster claimed that the medicine that they sold had a super-natural healing power, and could cure different diseases. At the beginning, Mrs Chan was suspicious of the usefulness of those pills. However, when the other accomplices came, they pretended to be the beneficiaries. They exaggerated the medical value and told Mrs Chan how the pills saved their life and cured their health issues. They encouraged Mrs Chan to buy some pills which could alleviate Mr Chan's diseases. When Mrs Chan heard from their opinion about the benefit of the medicine, she was interested in those medicines and decided to buy it. The fraudster tempted Mrs Chan to buy products in return for potentially huge profits. They cheated Mrs Chan to buy the medicine and offered HK\$1000-2000 for the price. Needless to say, the medicine turned out to be of very low re-sale or medical value, thus Mrs Chan lost a lot of money and became a victim. The fraudster's target is the elderly because they found that most elderly are easy to be cheated and most elderly love their family very much, and they are willing to pay effort and money for their family, so there is a gang of criminals tricking old people into their money.

The above incidents of fake medicine should be strongly condemned and prevented. It is important to raise the elderly's awareness by promotion and education. Education plays an important part on teaching the elderly how to tackle it. It is suggested that the Owners' Corporation should give some promotional leaflets about cases and teach the elderly to pay more attention to the existence of fraudsters around the estate. Moreover, the Owners' Corporation can hold some exhibitions to teach the elderly how to reject the fraudsters when they are selling things to them and raise the awareness of people to be more careful, such as only buying medicine from reputable shops where they will have recourse against the supplier if problems arise, and do not easily trust people they don't know well. Through education and public promotion, the number of victims being tricked from fraudsters could be largely reduced in the long run.

Also, in order to help the victims instantly, security must be stepped up and frequent patrol is necessary, since the elderly are not strong enough to protect themselves. If they want to reject the fraudsters, the fraudsters may use violence on them. Therefore, the patrol by the police and security guard can protect the elderly by identifying suspicious strangers trying to trick the old people. Through this measure, the elderly can be protected in the long run.



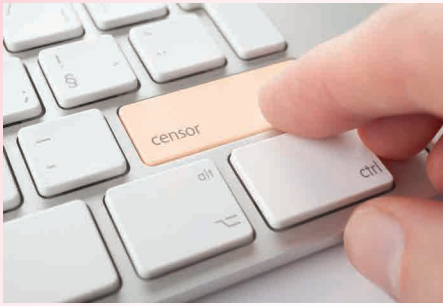
Thirdly, it is never an easy task for the elderly to reject the fraudsters, since most of them live alone in our estate. It is difficult for them to seek help. So, it is important to inform other residents about the incidents and form a taskforce to arrange more lunch or dinner gatherings to enhance communication between other residents and the elderly. This can build up a good relationship between residents, and when the elderly who live alone need help, they can seek help from those who live nearby. Also, I suggested that the Owners' Corporation can set up an emergency hotline. If the residents have any urgent needs, they can call the hotline. Cheating incidents should not be tolerated. We should try our best to protect old people from being tricked in the future.

I sincerely hope that the Owners' Corporation could take corrective and preventive measures in no time to address the problem.

Yours faithfully,
Chris Wong

Cyber Security

5E Lui Si Ming



Dear Editor,

Having read the article about China tightening online censorship, I am writing to express my ultimate disappointment towards this move. Whether it is the internet, college classroom or corporate office, there is a virtual wall around us which separates China from the rest of the globe. As China is one of the most talked-about countries in the world, this issue has remained controversial for decades.

To start with, we have to understand the reason why the Communist Party has raised the great firewall. Since the Mao era, China has been adopting one party dictatorship. Ideas like freedom of speech and universal suffrage sound impossible in this country. In order to ensure that its political power is stable, the party blocks all criticisms and promotes concepts it wants. The other reason is that it is unwilling to reveal its violent and shameful history like Cultural Revolution and June 4th incident. It therefore distrusts these foreign ideas and concepts. Despite China's booming economy, we can see that it lacks the most important thing at the core, which is the intellectual freedom that makes up life in the academic context.

Owing to China's cyber security regulations, there are some major detrimental effects, which are undesirable.

First and foremost, not only does the censorship restrict online information, but also innovation, academic prospects and business. Consequently, the country's development would be hindered. Rogier Creemers, a research officer at Oxford University's Programme for Comparative Media Law and Policy, stated that the party would lose the initiative and could not enter the public sphere. A country without an open-minded government could never have improvements as it always traps itself in a cage, isolated from the globe. Because of China's strong suppression, rarely can we see innovative ideas there. Why can't the party break the useless wall built by itself and explore the world?

Secondly, the regulations cause a low sense of belonging of people. A survey done by the British bank Barclays last year found that 47% of more than 2000 high-worth Chinese are hoping to move within five years. Wealthy people are leaving China for better education and economic opportunities for their children. Even senior officials like Wen Jia Bao has no trust in China's future as well. He sent his children to foreign countries for education, instead of their hometown. Without these rich people, will China's economy keep flourishing? No, absolutely not. China's education faces many restrictions so the next generation would not be able to know the facts and to bring improvement. Such a low sense of belonging brought by China's censorship does no good but harm.

Lastly, this controversial issue creates a bad image of China. Due to series of actions including the driving out of the US search giant, Google and the expelling of academics in university, foreign countries would think that China is a conservative, strange and unsuccessful country. How can China succeed without any freedom? People are afraid of giving opinions, and they know nothing except worshipping the party. If this censorship continues, China will fail like those Kings who were not willing to seek advice from the coyotes. No one would like to see this miserable ending.

I am glad that I am a Hong Kong resident. I can say whatever I want to, but people living in China cannot. I really hope that one day, China would change its mind and open its heart.

Yours faithfully,
Chris Wong

A revised version of 'Snow White and the Seven Dwarfs'

6A Wong Hoi To

I am a witch and also the stepmother of Snow White. I am the last witch in the modern society since no one in my family wants to become a witch which is outdated and therefore, no one learns the spells anymore, except me. I have been married to Richard King for already 5 years.

At first, I thought this little 8-years-old girl was just pretty and cute and I believed that we could get along well. But now, she grew up like a little devil and brought me horrible nightmares. The 13-year-old Snow White showed her real face to me. She did not like me at the very first time. She acted to me for the whole 5 years, then one day, the devil came up.

One day, Snow White came to me and asked,
'Hey! Are you a witch?'
This sudden question made me gasp. How did she know that! I replied,
'No...no! What're you talking about?' I used a smile to cover my fear.
'Hum...', she left a suspicious face and went back to her bedroom.
'Hu...', after escaping from this 'danger', I also went back to my work in cold sweat.

On the other day, Snow White came again.
'Hey! You BIG BAD witch!'
'I told you I'm NOT a witch!' I exclaimed.
'Oh, really? So, can you tell me what's this?'
She took out a glass bottle with green liquid and was labeled 'Transformer'.
'What... How did you get this! Give it back to me! That's not related to spell!'
'Stop quibble. You bad witch! I didn't mention that it's about spell! I'm gonna tell Father and he'll just divorce you!'

I was agitated and a plan came up in my mind. I should 'clean up' Snow White before Richard came back.

I went to my secret laboratory and started concocting a special apple. It's not for killing her but just to erase her memory.

'I really don't want to hurt you but you left me no choice, Snow White!'

'Wow, what a beautiful and fresh apple! Let me have this for my tea time!' Then she gave a bite to it. I thought everything would go back to track, but at the moment, Snow White choked!!!! What the heck was going on!!!

At that time, I could not force her to eat it since the apple almost blocked her trachea and she would have a risk of life! How could she eat an apple like this! There was no time. I sent her to hospital immediately in order to save her life.

She was in a coma because of oxygen depletion in a while. I thought she would be alright. In the ward, there were seven other patients. I hoped they could help to take care of Snow White. It was too late for me to realize that it was an irreparable mistake in my entire life and my nightmare began at the moment.

I didn't know what Snow White had told those seven patients. After Snow White was discharged from the hospital, police came to my house and arrested me. What'd happened?

'Madam, you are arrested for attempted murder.'
'You darned Snow White!!!!'

In the court, I had no excuse because those seven people testified that I was guilty. How could I strike back? I had no choice and what I could do was to admit all the unreasonable accuses, for keeping my deep secret.

I was sent to jail for 2 years. My dearest Richard was disappointed with me and finally divorced me. I lost everything by only a frame. I lost my marriage. I lost my reputation. I lost my settled life.....

I won't forget what you have done to me, Snow White. I swear, I will take my revenge and you will

Stepping Backwards into Reality

6B Lai Wing Wun

My social networking days

Holding a smartphone in your hand and hippping through newsfeed in social networking sites – quite similar to what you are doing every day, isn't it? Well, to be honest, once I was part of the crowd who dedicate their life to social networking. It is no exaggerations to say that. Guess what? I used to spend more than three hours wandering around this virtual world! Whatever news or events ahead – 'Mary gets a new boyfriend', or 'look into this local gossip news' ..., down to discussion about where to hang out among my classmates, I let them slip beneath my brain, without second thoughts. I can receive a dozen of information every day, and meet people from all walks of life. Don't you know I have got 500 friends from all over the globe? Using social networking site is such a vivid spring to me!

Why I decided to delete my social networking account

Yes, engrossing through the social networking site is disastrous. Its glow has been snuffed off since the day I came into reality that how dire it could be. The nightmare started as I shared my personal thoughts and information with one of my 'friends' through the chat room, then came out being spread among different groups of people. Apart from losing privacy, I did also bear staring eyes from the virtual citizens. "The dilemma should be put to an end and it will never authorize to happen again!" I said to myself. As you may ask, why did it go downhill like this? Well, the answer is crystal clear – I never really meet a 'true friend' through the sites, with chronic strangers under their pseudonym, inter-alia, I was also one of the 'criminals' who loved to criticize and talk about strangers' gossip stuff. 'Step backwards into the reality!' so I said to myself and deleted the account.

Life thereafter : Things I miss most about social networking

To be honest, it is uneasy for me to get rid of the site – try to think about all those engrossing newsfeed, latest local gossip stuff, but then they are all gone. In the past, when I was managed to communicate with friends through chatroom, was now being translated into talks through phones, what a bothering stuff! All in all, it seems that the convenient road that leads to the world outside is closed down suddenly! Will I be out-dated? Will I lose my friends in the school? Those questions run through my brain every day like a never-ending wave.

Turn Over A New Leaf

Getting rid of the social networking sites is so difficult, if not impossible, to most of us. However, I remember Hillary Clinton saying 'if we can blast 50 women into the space, why can't I step into the White House?' Nothing is impossible to a willing heart. As time passes by, I have learned a brand new lesson – don't dwell on whether you will lose your friends and classmates face-to-face in the reality. Don't immerse yourself in the gossip news in the sites, instead it is high time for us to pick up books and concentrate on our studies. In the past, we have spent too much time doing stuff crashes friendship, our privacy and precious learning chances onto the ground. From now on, we must all step back into the reality.

A Speech to all the Graduating Classes

6C Chan Sze Yu



Principal, teachers and fellow schoolmates,

I am indeed honored to have this opportunity to give a speech to the graduating classes. I am Chris Wong, the President of Students' Union.

As you know, our graduating schoolmates are going to leave us today and fight for DSE. I would like to thank all of you for your remarkable contribution at school and hope you can have a brilliant result in the future.

'No sweat, no sweet' – a saying that always reminds me to treasure my time. The intense exams under Hong Kong education system impose huge stress on Hong Kong students. Making good use of time is the best way for you to ace the exam. Hours are like diamonds.

Time waits for no one. Schoolmates, are you making good use of your time? Plug away at your studies? Sleep all the time? Time is anything but not a reason for you to face failure. Grip your time and fight for your future, it helps you step forward to become successful. My dear graduating schoolmates, you have to face your future after all. I hope you can manage your time better and reach your dreams.

What's more is the friendship in our secondary schooling. Someone said that friends in secondary school will be life-long partners. No matter how tall the mountain is, we can overcome it together. In these six years, schoolmates have built up a strong-bonding. When you passed a quartile of your life, looking at the photos will evoke your memories with your lovely friends.

Maybe you will come up with some interesting memories. For instance, you did your Music project with blood, sweat and tears. There were bittersweet memories inside your songs. Maybe you will think of how you guys did the revision overnight and day by day. You also support your friends shoulder-to-shoulder. Despite the fact that time can tear down a building or destroy a woman's face, the soul of friendship would not change. Wherever you are or no matter how fast time goes, having some like-minded friends in life is a blessing! I believe and pray for all graduating schoolmates, I hope your friendship will be ever-lasting.

Apart from friendship, time could not change family relationship. When is the last time you thank your family? Two days? Two weeks? Two years? Never? Dad and Mum always stand behind you unconditionally. No matter how big the barriers are or how deep the sea is, they would not let you down. They contribute love, concern and even most of their life-time on you. Although time changes our habits, interests and personalities, it will never change the love within your family. Our parents will become old day by day, and you have to know that time will take our parents away one day. Time is a cruel killer. He kills his target on time. No one can escape under his control. You should not be rude to your parents, please give them more love.

Remember again, 'Time waits for no one', and he won't wait for you. Graduates, make good use of it, as it can slip away easily. This is the end of my speech, thank for your attention.

Two Letters to the Editors about Ebola

6D Li Lo Fei

Dear Editor,

The social issue of Ebola has triggered a fierce debate : Most of the people are concerned about the situation as they are worried that they would be infected. Therefore, I am writing to express my opinion in the hope of providing some preventive measures to reduce people's worry.

First, I would suggest the government should persuade people not to go to the infected places. Although few people may be infected by Ebola, we should not travel to those places as no one can guarantee our safety. Therefore, the government could give warnings to remind people not to go travelling to those places in this period.

Second, I would suggest that the government should raise the awareness of people on the condition of hygiene. Prevention is better than cure. The government should remind the public through advertisements. This can nurture people with good habits and make them alert this issue.

Third, people cannot evade their responsibilities. People should take good care of themselves so as to be physically fit. Up to this moment, 17 people are sick, however trivial it seems, people should see the doctor immediately. People cannot continue with their work until they get the doctors' approval.

In this period, we should be more conscious about their health. Under no circumstances should we underestimate the seriousness of Ebola.

Yours faithfully,
Chris Wong

Dear Editor,

I am writing to express my concern about the crisis of the Ebola virus. Ebola is a deadly virus. After human infection occurs, the virus may spread among people. So far, more than 4000 people have died of this fatal virus. So it is imperative for the public and government to stay vigilant.

The fact that a lot of Chinese people work in Africa cannot be changed. The virus is likely to be spread by them. Therefore, protective measures should be strengthened. So far as I am concerned, infection control measures at many mainland hospitals were not always 'up to standard', which is really worrisome. In case of infection, how can those hospitals control the epidemic situation? It will be too late when things are already out of control. Government plays a vital role in ensuring the infection control measures comply with the standard. The public health is in its hand.

I sincerely hope that the government addresses these problems immediately before the situation gets worse. I believe no one wants to see such tragedy happen in China.

Yours faithfully,
Lucy Li



Cosmetic Surgery

6E Chan Tsz Ki

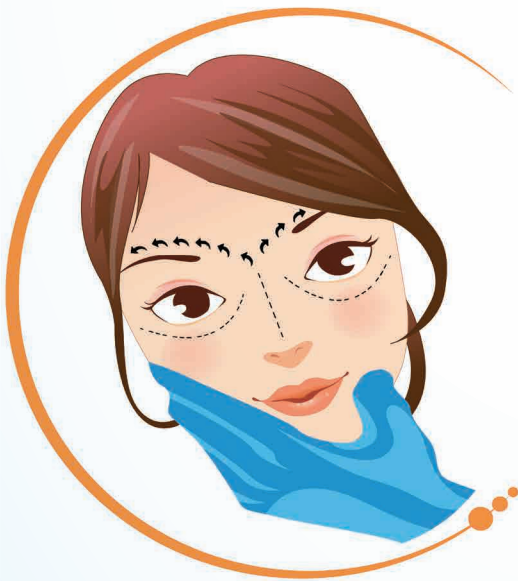
Dear Editor,

Cosmetic surgery has ignited fierce debate in the general public as citizens have aroused ample discussion on the topic of the obsession with physical beauty. Consequently, I am writing to express my discontent toward the catastrophic obsession with physical beauty.

To commence with, the blind pursuit of physical beauty definitely tarnishes the morality in the public society, especially to the next generations. To call a spade a spade, the outer-beauty compensates all kinds of bad traits to the adolescents. According to the statistics shown, almost 20% of Korean students spend most of the time on part-time jobs to save money for doing plastic surgery. 'Bad personality is forgiven but ugly looking is not forgiven.' The teens in Korea believe in this grisly sentence and regard it as their mottos. They do not consider the inner-beauty of the others, which aggravates the peculiar value of the youngsters. Gradually, they are not able to justify if things are good or not.

Besides, people obsessed with cosmetic surgery will face mental hazards eventually. Because of the dramatical increase in advertising and the idea that physical perfection is achievable, people fall in the mania in pursuit of physical beauty and do plastic surgery so as to cut the mustard. If they are unable to refrain their desire to it, they would come across the condition known as body dysmorphic disorder (BDD). They are insatiable to their appearance and they try to do non-stopping surgeries to make them look more enticing, which is traumatic to their body like keep running in a vicious circle.

Last but not least, frequent cosmetic surgeries will clap down physical health of human. Not only is the recovering period excruciating, but also fatal. For instance, the most frequent words in South Korea such as V-line (perfect face line), momjang (perfect body line), eoljjang (perfect face), etc. are the ostensible outcome of cosmetic surgery. People are confronted with the threats of nose collapsing and cancer, unknown toxic to the spate of toxication, faint, even death.



The deep-rooted human desire to be adorable is universal. As a result, part and parcel of us undergo cosmetic surgery so as to put ourselves into the jeopardy. In my point of view, this obsession is morally unacceptable and practically dangerous.

We should adhere to our inborn and inner beauty rather than doing something intentionally to mask ourselves. If every one of us understands this point, our world would become a more glamorous place than ever.

Yours faithfully,
Chris Wong

Welcome to

TINspiration

TIN + **inspiration** = **TINspiration**

This is an anthology of students' writing of Tin Ka Ping Secondary School in the 2014-2015 school year.

This anthology is a witness of students' inspiration in writing originated from the warmth of students' second home: our school. A wide variety of ideas and views are shared among us.

Hope all of you enjoy reading it!

Ms Lau Wai Man
Ms Lam Sau Ping

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